



YOU ARE CORDIALLY INVITED TO ATTEND A UNIQUE OPPORTUNITY:

**SPIRITUAL AND EMOTIONAL HEALTH
IN FULL TIME MINISTRY**

Nancy Schongalla-Bowman

Director of Student Counselling, Princeton Theological Seminary



THEME: Spiritual and Emotional Health in Full Time Ministry
WHEN: 7 August 2018
TIME: 8:30-13:00
WHERE: Dutch Reformed Church Stellastraat (Suidoos-Pretoria),
C/o Olivier and Stella Street, Waterkloof
COST: R 120-00 (inclusive of lunch and refreshments)
RSVP: excelsus@up.ac.za / 012 420 6738

Session 1: Growing Into Your Created Self
Session 2: Developing Emotional Intelligence for healthy Living
Session 3: “Reading” your Self and seeking Care